

10. Recognize and express feelings.

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VI. Social Health/Interpersonal Skills

The student will

1. Differentiate between a world view and biblical view of community.
2. Define the types of love.
3. Express what it means to live in community.
4. Learn to deal with internal/peer pressure
5. Learn to use peer pressure positively.
6. Define friendship.
7. Identify ways to deal with conflict.
8. Express communication skills.

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VII. Family Life/Human Sexuality

The student will

1. State an overview of family life.
2. Contrast a world view of sexuality versus a biblical view of sexuality.
3. Identify changes in puberty.
4. Explain healthy male-female relationships.

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VIII. Personal Health

The student will

1. Learn to make healthy lifestyle choices.
2. Explore the relationship of dieting and health.
3. Define physical fitness and overall wellness.
4. Review components of health fitness.
5. Review personal hygiene concepts.

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IX. Safety/First Aid

The student will

1. Review basic safety and first aid.
2. Role play responding in emergency situations.
3. Identify ways to prevent sexual abuse.

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